OUR CLUB



15 THINGS ONLY TLGAC MEMBERS WOULD KNOW

KEEPING IT ON ISLAND
13 MEMBERS COMPETE IN GSGA SENIOR CHAMPIONSHIP

GETTING CLOSE
FRANKLIN CREEK CAMPUS UPDATE

+ GOLF PROS SUPERSTITIONS | WHAT'S IN YOUR PICKLEBALL BAG

SUMMER | FALL



YOUR VOTE, YOUR CLUB

The annual member voting for your Club's Board of Governors Class of 2027 opens on October 12, 2026. New this year, voting is easier and more cost effective as it is online. Simply open the email and enter your choices.

A MESSAGE FROM YOUR NOMINATING COMMITTEE

Dear fellow members, we are excited to present four excellent candidates to you for the 2027 class of the Board of Governors. The Committee's process focused on the following attributes during candidate interviews:

- *Strategic thinker coupled with effective communication and listening skills*
- *Team player that is data focused and unbiased in decision making, resulting in sensible representation for the entire membership*
- *Strong leader who recognizes the time commitment involved with volunteer service and abides by the values of integrity and ethics of our Club*

MEET THE CANDIDATES night is Monday, October 12, at 6pm in the new Palmetto Ballroom. We hope you can attend and get to know more about our candidates.



CHRISTIE BERGEN



FRAN JOHNSON



STEVEN LEE



JEFF TOCCI

VOTING OPENS ON October 12 and continues through November 4. Again, voting is completely online with a few easy clicks. So mark it on your calendar and between now and October 12, get to know the candidates through their bios and videos that you will receive.

Special thanks to the 2026 Nominating Committee for their time and expertise .
Akinniran Abisogun, Mike Barber, Adam Gutstein, Vicki McElreath, Christine Midwood, Brian Mitchell, Randy Stolt, Matthew Waters, Mark Lastner (Chair)

Scan the code to review the candidate bios. THANK YOU IN ADVANCE FOR VOTING!

Keeping the Fun Going —What's Happening Around the Club

With summer drawing to a close and fall just around the corner, I'm grateful for all the fun moments we've shared as a Club. From July's Food & Beverage Festival to junior golf and tennis camps, firing our best rounds on the golf course, and cooling off at the pools, there hasn't been a dull moment around here.

In this edition of Our Club Magazine, we're proud to highlight Peggy Willis, who turned 100 years old in 2026 and still enjoys both the courts and the greens. Discover what keeps her so spry and active. You just might pick up a few tips for running circles around the young ones when you reach that milestone yourself!

We also caught up with some of our golf professionals to learn about the pre-round rituals and superstitions they've adopted over the years. Spoiler alert: One of them involves McDonald's.



You'll also get an inside look at the progress taking place on the Franklin Creek campus expansion. If you haven't been out there lately, make the trip. We're getting close and the transformation is exciting to see firsthand.

This edition of Our Club Magazine also features a look at our newest retail concept, Oak & Moss (formerly the Oakridge Golf Shop), a celebration of this year's Landings scholarship recipients, and a collection of stories that highlight the people, programs, and experiences that continue to make our Club such a special place.

I'm looking forward to an incredible fall season. Let's keep the fun going. See you around the Club!

— Rachel Wright, Communications & Social Media Manager

WE WANT TO KNOW! We'd love to spotlight the fascinating journeys of our members! Please share the names of members with interesting backgrounds or unique stories so we can feature them in upcoming issues. If you know someone with an outstanding story to tell, contact Rachel Wright at rachel.wright@landingsclub.com.

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OUR CLUB

Editor **Rachel Wright** • Copy Editors **Cathy Nelson, Corrinne Choi, and Kathleen Murphy** • Designer **Michael Ortiz** • Executive Director **Steven Freund**

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Preserving Our Club's Character While Evolving for the Future

In some of the "Chats with the Board" this past year, members have asked, "Are we trying to become a different type of Club?" The answer is no—but in some ways, our Club has evolved. How have we evolved? During healthier economic times, we have been able to make much more progress maintaining our assets than we did in past decades, while also planning more deliberately for our future needs. The renovation of the Marshwood and Franklin Creek campuses are hallmarks of this evolution. We are now entering a new era, but our fundamental mission and values have not changed.

What Hasn't Changed

What defines our enduring mission and values? Our community culture. We are down-to-earth people who appreciate our friendly, welcoming neighbors. We value our high-quality amenities and lifestyle, connection, and substance over status. Culturally, we are not the right fit for the pretentious, nor are we the right club for the "bargain hunter" who is unwilling to pay market rates for a Platinum Club offering ten restaurants and six golf courses.

A Breadth of Amenities

Our mission and values are also defined by the unusual breadth of amenities we enjoy. The Board intends to continue our journey of bringing all of our facilities and amenities up to our standards. However, we can—and will—proceed at a more measured pace now that so many of our amenities have been recently refreshed.

Looking Ahead

In this issue, our Executive Director, Steven Freund, will discuss in greater depth how we as a community will continue to realize our vision and mission.

— Your Board of Governors



Top Row: Steve Sample, Keith Krueger, Ryan Dew, and Jeff Tocci. Front Row: Jeff Baker, Emily Kutcher, Tony Marino, Molly Ergenbright, and Paul Samson.

Welcome New Members to the Island of Much More

Golf

Keith & Heather Potts from Savannah, GA
Paul & Sharon Murphy from Elmhurst, IL
Ronald & Judith Monaco from Savannah, GA
Jay Ryan & Lynn Kahla from Savannah, GA
Joshua Bischoff & Megan Brown from Savannah, GA
David & Tara Coates from Savannah, GA
Robert & Elizabeth O'Quinn from Savannah, GA
William & Kay Coleman from Venice, FL
Carl & Suzanne Ward from Savannah, GA
Steve & Donna Koons from Savannah, GA
Phil & Cindy Lehner from Savannah, GA
Thomas & Dawn McIlravy from Savannah, GA
Subu & Lakshmi Subramaniam from Savannah, GA
Shannon & Sandy Boals from Savannah, GA
Peter & Beth Stackpole from Savannah, GA
Theresa Anderson & Thomas Cavanaugh from Savannah, GA
Michael Hickok & Ann Anderson from Blue Ridge Summit, PA
Ben & Ashley Diamond from Savannah, GA
Patrick & Tracey Smith from Savannah, GA
Scott Wittman from Savannah, GA
Robert & Natalie Miller from Savannah, GA
Hal & Jill Baker from Savannah, GA
Brian & Shannon McKenna from Savannah, GA
Connor & Kaitlyn Buchanan from Savannah, GA
Jordan McGhee & Robert Baldau from Savannah, GA
Victoria L. Stewart from Savannah, GA
Gretchen & Bum Phillips from Leesburg, VA
Jeff & Janice Porphy from Greenwich, CT
Geoff & Bernadette Mitchell from Savannah, GA
Michael & Carla Foster from Savannah, GA
Allison Wysota from Fairfield, CT
Thomas & Julie Gebhard from Westport, MA
David & Stephanie Blee from Savannah, GA
Elspeth Hotchkiss & Greg Hebard from Boston, MA
John & Debora Kollmeier from Kennett Square, PA

Athletic

Eileen O'Shaughnessy from Savannah, GA
Andres Montes & Katie Smith from Savannah, GA
Karen & Jeb Hughes from Atlanta, GA
Bernardo Feitosa & Grace Smith from Savannah, GA
Joshua & Jessica Richardson from Savannah, GA
Carlos & Marcella Cordero from Savannah, GA
Terri Palmese & Bruce Rekant from Savannah, GA
Robert & Schuyler Ryon from Chevy Chase, MD
Robert Miller & Rita Paulino from Osprey, FL
Frazer & Karen Rolen from Savannah, GA
Michael Collins & Lisa McAdams from Savannah, GA
Scott & Melissa Phillips from Savannah, GA
Jason & Alyson Watson from Savannah, GA
Bryan & Angela Blalock from Savannah, GA
Amanda Groover & George McKelvin from Savannah, GA
Ian & Briana Evans from Savannah, GA
Mackenzie & Matthew Green from Savannah, GA
Amanda Johnson Schmid & Greg Schmid from Savannah, GA
Marianne & Dana Smotherman from Savannah, GA
Tiffany & Nicholas Bourgeois from Savannah, GA
Jonathan & Tracy Graebener from Savannah, GA
Jan & Kirk Woodhouse from Savannah, GA
Janet & Steven Tinkler from Clifton Park, NY
Frank & Diane Morelli from Savannah, GA
Jenny Runge from Savannah, GA
Riley & Paige Hedberg from Savannah, GA
Jim Wurzel from Savannah, GA
Abe & Kate Brand from Savannah, GA
Leanne & Kamran Ince from Savannah, GA
Joe Andris & Paula Reising from Savannah, GA
Charles & Mary Lynn Phillips from Fort Lauderdale, FL
Michael & Cynthia Boiter from Kennett Square, PA
Todd & Heather Sansbury from Savannah, GA
Arthur & Amanda Thompson from Savannah, GA
Andrew & Stephanie Wright from Savannah, GA
Tim Ranney & Marcia Postal-Ranney from Savannah, GA
Parker & Hannah Tumlin from Savannah, GA
Austin York from Savannah, GA

Social

Melissa & Shaun Vermilyea from Savannah, GA

Do We See Ourselves as a Luxury Club?

Dear Landings Golf & Athletic Club Members,

This is the time of year our team and Board redirect focus to the future of our Club. It is a discipline that started in 2011 and has served our Club well. Our team takes stock of our current state, year-to-date performance against goals, industry trends, economic conditions, and member feedback. On top of that, in 2026 we have added recent surveys conducted by Global Golf Advisors (GGA) and insight gained from focus groups. The GGA surveys and GGA-led focus groups are for the purpose of understanding what our members believe to be our greatest needs for the future. Some needs are the result of evolving interests, increased demand, or limitations in our current offerings. The point is that we are intentional about the information we digest because good information creates the needed understanding to develop strong plans for the year to come.



"To be the most desirable private, residential, golf, athletic, and social club in the southeastern United States."
— Steven Freund, Executive Director

What Kind of Club Do We Aspire to Be?

Recent posts on the Member Forum and comments in the aforementioned surveys can be combined and paraphrased via a serious and consequential question: What kind of club do we aspire to be? The context is often a comment with cautionary advice to maintain what we have and stop expanding or adding new amenities. A few of those comments posit that the motive for expansion or change is to move our Club into the luxury market segment, to polish someone's resume, or to make our Club unaffordable to some.

When I recently read some of the related comments, it felt like a punch to my solar plexus, causing me to feel as though I have done a poor job sharing the picture painted about our Club's future and how we think about it. I have communicated with membership about our vision and mission last year. But given recent comments, I am compelled to talk about it again and explain how our Board and staff have interpreted and been guided by a rather abstract (purposely so) statement.

To be clear, our mission is what we do but our vision defines what we aspire to be. Well-thought-out vision statements offer clarity regarding direction, are always future oriented, inspire stakeholders to act, get to the point, and are ambitious but achievable. Our conviction is that our vision statement, originally penned in 2010 (with edits along the way) meets the characteristics of a well-crafted vision statement:

To be the most desirable private, residential, golf, athletic, and social club in the southeastern United States.

Some have challenged this statement as too broad or analogous to nailing Jell-O to the wall. My contention is that vision statements are broad by their nature, seeking to be timeless and an ever-evolving





"We provide a vast assortment of activities, programming, and facilities brought to life by competent, caring staff."
— Steven Freund, Executive Director

target. A few have asked why we limit ourselves to the southeast. A member I highly respect, Jim Emery, spent time with our team to help sharpen our brand identity. Jim was a branding expert in his previous life and was connected to the creation of marketing campaigns many members would still remember. When we talked about the "sandbox" we played in, Jim encouraged us to clearly define our market, in effect, limiting our reach. He asked a hypothetical question: "Who do you trust as most honest: the pizzeria who says they make the best pizza on the block or the one who says their pizza is the best in the universe?" Jim was steering us to understand that disciplined market leaders know who their audience is and do not waste time or resources pursuing lofty or unattainable targets.

However, the word that triggers most debate is "desirable." Most objectors question why we didn't use words like "finest," "best," "unsurpassed," or "superior." All those words were contemplated when a group of highly engaged members and staff came together to cast a vision we could rally around. Eventually, the word "desirable" seemed to resonate with everyone and, initially, it made sense to all who were involved in defining it including the Board that officially adopted it as a cornerstone of our strategic plan. However, with all the questions, we knew we needed to take the time to fully define what we mean by our vision statement and while the definition has also been edited over the years, the original ideas still create the direction, guardrails, and guidance to move our Club forward.

The following eight statements are the result of the question: "If we were the most desirable private, residential, golf, athletic, and social club in the southeastern United States, what would that look like?" The answer to that question is as follows:

1 **We deliver a remarkable value proposition that surprises and delights prospective members when they consider all they receive for price paid.**

2 **We provide a vast assortment of activities, programming, and facilities brought to life by competent, caring staff.**

3 **The Landing Golf & Athletic Club experience considers all constituents, membership categories, ages, and various family compositions.**

4 **We are a forward-looking, ever-evolving, continuously improving Club that considers current and future members as well as societal trends to invest intelligently, stay relevant, and be worthy of member support.**

5 **We are financially stable, prudent in our planning, and appropriate in our spending, balancing our commitment to remain fresh and relevant with the need to be good stewards of our financial assets.**

6 **Abundant amenities, ease of access, and creative programming places The Landings Golf & Athletic Club on club-centric prospects' "must live there" lists.**

7 **We appeal to the upper upscale market, a large market that appreciates functional, practical, and very nice facilities and amenities, approaching the level of a luxury club without "gold plating."**

8 **Our membership is respectful, deeply connected, and engaged, and therefore, enthusiastically spreads the word about our lifestyle to those they want to share life's journey with.**

What We Are and What We Are Not

The impetus for sharing this is to clear up the false idea that anyone on our leadership team (volunteer or staff leadership) has grand plans to move our Club into the luxury market segment or to make our Club unaffordable. How we think about our vision overtly disabuses us of that idea. While we can learn, modify, and adopt practices from luxury operators and the most exclusive private clubs, we can also learn from organizations that are more oriented to the masses—I believe Chick-fil-A is brilliant at what they do and some of their practices clearly have application for us. My point is that our deepest desire and the object of all our decisions and work is to move our Club ever closer to the ideals expressed above in our vision statement and the supporting explanation. To be clear, in our defined market segment, we can be the finest at what we do. While Chick-fil-A does not aspire to compete with restaurants like Eleven Madison Park, they are the absolute best in the fast-casual space by almost every measure. So, too our team is committed to embracing what we are, what we are not, and pushing ourselves to be the best in the space we occupy in the residential club world.

I am grateful for the opportunity to serve the membership of our Club. The market segment we operate in comes with different kinds of member than might populate what might be considered more elite clubs. The membership of our Club is unpretentious, down-to-earth, wants things thoughtfully designed, wants things done right, and calls balls and strikes but is always gracious. I believe our membership is the critical driver of our culture and is a major contributor to what makes our Club most desirable!

Sincerely,



Steven


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A FRESH TAKE ON THE TRADITIONAL GOLF SHOP

What began as an idea during a golf course renovation evolved into an opportunity to reimagine retail at The Landings Golf & Athletic Club.

By Rachel Wright

During the Oakridge Golf Course transformation in 2025, the Club chose not to simply reopen another traditional golf shop. Instead, it introduced Oak & Moss, a boutique offering curated Lowcountry fashion, accessories, gifts, and elevated casual apparel designed to complement the Club's existing golf retail while reflecting the everyday lifestyle of its members.



"We already offered a strong assortment of golf apparel across our other golf shops, but we had seen a great response whenever we introduced a few fashion-forward lifestyle pieces at our Marshwood Golf Shop. That showed us members were looking for something different," said Amber Lynch, Golf Retail Director. "The goal was to give our members a reason to shop on-island, complement our existing golf retail offerings, and create a unique shopping experience that felt fresh while still reflecting the lifestyle of our club."

A Boutique Beyond the Course

Oak & Moss' location has also helped shape its identity. Situated alongside the Oakridge Golf Course, clubhouse, and Wellness Center, the boutique naturally attracts a broader cross-section of the membership. Its proximity to the Wellness Center encourages visits from members who may not have otherwise shopped in one of the Club's golf shops, creating a lifestyle retail experience that extends beyond the game.

As members became familiar with Oak & Moss, the team shifted its focus beyond retail to creating memorable experiences. Holiday shopping events featuring beverage offerings, permanent jewelry pop-ups, color analysis sessions, and bouquet-making classes have transformed the boutique into a social gathering place where members can shop, connect, and discover something new. Pop-up Oak & Moss shopping experiences are a common sight at major Club events and a variety of golf events throughout the year.

As Oak & Moss has expanded its audience, the boutique has remained intentional about serving golfers as well.

"While Oak & Moss is a lifestyle boutique, we still wanted it to resonate with our golfing members. We carry brands like Collars & Co. and Duck Head that bridge the gap between performance and everyday style, offering polished polos, shorts, and elevated casual pieces," said Lynch. "Our goal is to provide clothing that's just as appropriate after a round as it is for dinner at the club—comfortable, versatile, and reflective of the country club lifestyle. It complements our traditional golf shops while giving members more options beyond the course."

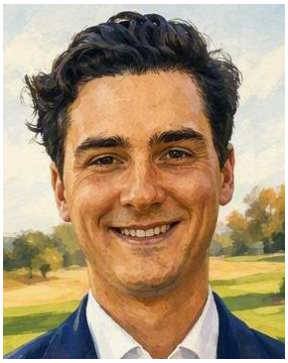
Evolving with Our Members

Although Oak & Moss has been open for less than a year, the boutique continues to evolve alongside its members. As shopping habits emerge and preferences become clearer, the team is refining its assortment while introducing new brands, styles, and experiences that reflect the way members live both on and off the course.

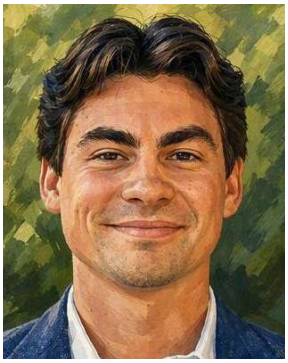
"Looking ahead, our focus is on creating even more engagement through events, introducing new brands and trends, and using social media to inspire our members and keep the boutique feeling fresh. We want Oak & Moss to continue evolving alongside our membership while remaining a fun, welcoming place to shop," said Lynch.

Golf Superstitions and Rituals Explained


Andrew Ward


Brian Forte


Eric Mitchell


Nick Humaran


Brianna Fisher

By Addison Luetke

Golf is a lifelong sport that is built on precision, patience, and skill. However, for many players, it is also a game surrounded by superstition. Whether it is a lucky ball marker or a pre-round ritual, golfers often rely on unique traditions to boost their confidence and performance on the course. For many, superstitions give a psychological sense of mastery.

There are a few famous superstitions that may come to mind. One of the most recognizable is Tiger Woods' Sunday Red. Tiger wears red on Sundays because his mother believed red was the ultimate power color, making it the perfect choice for the final day of the tournament. Another well-known superstition belongs to Ernie Els who believes a ball only has one birdie in it. Once he makes a birdie with a ball, he retires it. Plenty of golfers have adopted this habit.

Marking More Than a Golf Ball

Golfers around the world, both amateur and professional, have developed superstitions of their own for the game. At The Landings Golf & Athletic Club, only a handful of our golf professionals admit to having rituals that they swear by. For **Andrew Ward**, Assistant Director of Golf, it all comes down to his ball marker. He only marks his ball with a state quarter from a state he has lived in or a ball marker from a club where he has worked. "If I use anything else, it's on my mind the entire round and my putting is terrible," said Ward.

Brian Forte, Assistant Golf Professional, has a special way of marking his ball. He only plays with Titleist, and he marks a purple line directly through the logo. "I always like to see 'Titleist' upside down with that purple line roughly facing my target," said Forte. "One time, I realized I was too busy reading the text on my golf ball rather than worrying about my shot."

Crossing out the Titleist logo and positioning the ball upside down helps Forte eliminate distractions and stay focused on the game at hand.

Routines Over Rituals

Of course, not every golf professional believes in luck rituals. **Eric Mitchell**, Head Golf Professional, said his pre-round routine is based entirely on preparation. "My routine is purely functional, not superstitious," he said.

Tournament-Day Traditions

Others, however, reserve their traditions for when the stakes are highest. **Brianna Fisher**, Golf Programing Manager, and **Nick Humaran**, Lead Assistant, both have specific rituals for their tournament days.

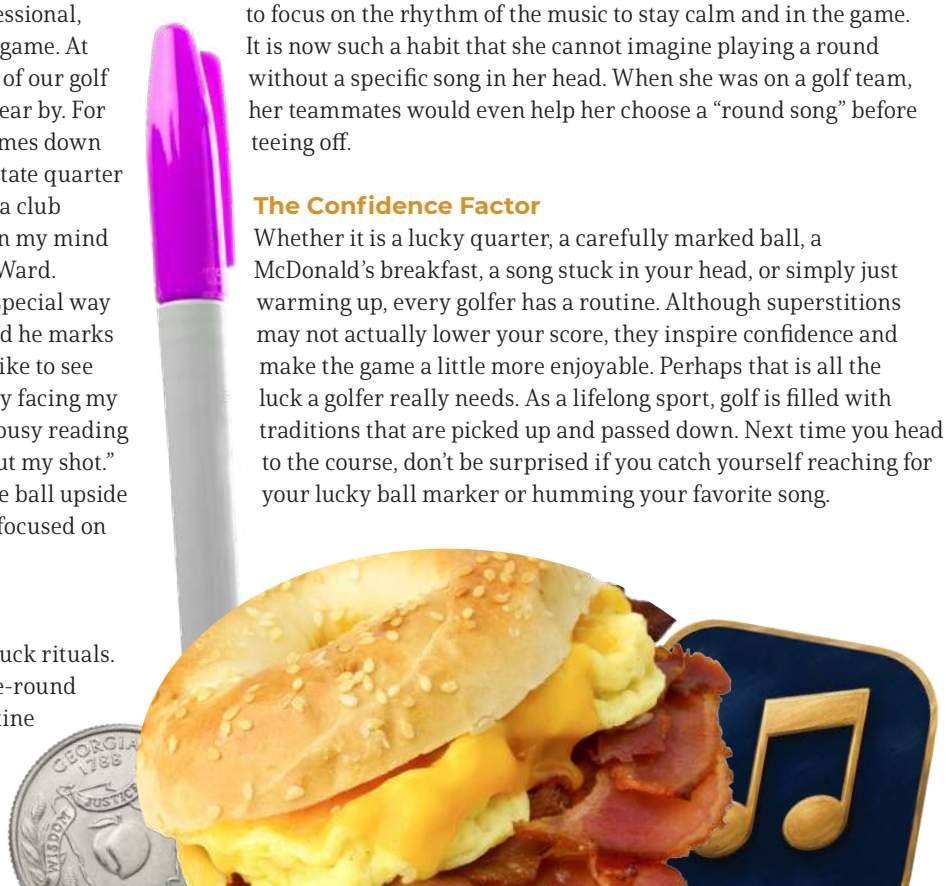
Humaran's tradition begins long before he reaches the tee. On tournament mornings, he makes sure to leave home a little earlier, not for extra time on the driving range, but to stop at McDonald's. His order is always the same: a bacon, egg, and cheese bagel with extra breakfast sauce, the ultimate pre-round fuel. For Humaran, this ritual has become just as important as warming up.

Before Fisher was a golfer, she was a competitive dancer. "Growing up, my golf coach knew how naturally I connected to music and rhythm, so he told me to pick a song before every tournament round. His advice was simple: keep that song playing in my head for the entire round," she said.

Instead of getting caught up in bad shots or nerves, Fisher was able to focus on the rhythm of the music to stay calm and in the game. It is now such a habit that she cannot imagine playing a round without a specific song in her head. When she was on a golf team, her teammates would even help her choose a "round song" before teeing off.

The Confidence Factor

Whether it is a lucky quarter, a carefully marked ball, a McDonald's breakfast, a song stuck in your head, or simply just warming up, every golfer has a routine. Although superstitions may not actually lower your score, they inspire confidence and make the game a little more enjoyable. Perhaps that is all the luck a golfer really needs. As a lifelong sport, golf is filled with traditions that are picked up and passed down. Next time you head to the course, don't be surprised if you catch yourself reaching for your lucky ball marker or humming your favorite song.



THE LANDINGS GOLF & ATHLETIC CLUB

Top Scorers: Holes-in-One, Eagles & Shooting Your Age

Hole-In-One

Judy Zanin ..... #17Terrapin Point February 20, 2026
Gary Abrams ..... #15 Palmetto February 18, 2026
John Parmelee ..... #3 Oakridge February 16, 2026
Bruce Schneidewind .. #13 Deer Creek February 11, 2026
Meri Erickson ..... #2 Deer Creek February 8, 2026
Frank Schepis ..... #12 Palmetto February 7, 2026
Nancy Brenner .....#8 Terrapin Point February 7, 2026
Ned Allen ..... #12 Palmetto March 28, 2026
Morgan McAlpin .....#8 Magnolia March 28, 2026
Marty Foglia ..... #16 Marshwood March 24, 2026
Chris Perry ..... #4 Marshwood March 24, 2026
Steve Miller .....#4 Terrapin Point March 21, 2026
Larry Evans .....#17 Terrapin Point March 13, 2026
Lisa Olsen .....#3 Magnolia March 11, 2026
Virginia Edwards .....#8 Terrapin Point March 6, 2026
Norman Sanders ..... #16 Marshwood April 2, 2026
Jim Benner ..... #16 Marshwood April 2, 2026
Tammy Wall ..... #4 Marshwood April 5, 2026
Bill Barr ..... #12 Marshwood April 13, 2026
Kathleen Wilson ..... #3 Terrapin Point April 16, 2026
John Engles ..... #17 Magnolia April 25, 2026
Meri Campbell .....#15 Palmetto April 30, 2026
Frank Costanzo .....#12 Palmetto May 5, 2026
Jackson McCook .....#5 Oakridge May 6, 2026
Bob Larson ..... #8 Terrapin Point May 23, 2026
Pat Burgess .....#12 Oakridge May 23, 2026
Reggie Bradford ..... #12 Terrapin Point May 26, 2026
Bart Picasso .....#12 Palmetto May 26, 2026
Rudi Wunsch .....#2 Deer Creek May 29, 2026
Ron Whitmore .....#17 Deer Creek June 1, 2026
Cindy Altman .....#12 Palmetto June 3, 2026
Adam Eichholz .....#5 Palmetto June 12, 2026
Richard Matos ..... #12 Terrapin Point June 15, 2026
Christopher Blum ..... #16 Marshwood June 15, 2026
William (Bill) Brunton ..... #14 Magnolia June 23, 2026
Nancy Pavey ..... #4 Marshwood June 23, 2026
Lynn McQuay ..... #8 Marshwood June 24, 2026
William McNellis ..... #12 Marshwood June 26, 2026
Robert Miller .....#3 Oakridge June 28, 2026
Mark Clemm ..... #8 Terrapin Point June 28, 2026

Eagles Nest

David Foley .....#7 Oakridge February 27, 2026
Joe Becker .....#9 Marshwood February 25, 2026
Lynn Powelson .....#2 Terrapin Point February 20, 2026
Nenette Banzon ..... #5 Deer Creek February 19, 2026
Craig Borst .....#13 Terrapin Point February 15, 2026
Sam Hatcher .....#5 Marshwood February 14, 2026
Libby Toth .....#1 Magnolia February 13, 2026
Steve Geist .....#15 Oakridge February 11, 2026
John Clark .....#9 Deer Creek February 8, 2026
Bob Woods .....#6 Magnolia February 4, 2026
Howard Anderson .....#13 Marshwood February 4, 2026
Brian Kaplow .....#15 Marshwood March 29, 2026
Pam King .....#1 Terrapin Point March 29, 2026
Chris Dooley ..... #17 Palmetto March 27, 2026
Bryce Morton ..... #18 Palmetto March 25, 2026
Dave Creasy .....#9 Terrapin Point March 24, 2026
Jon Wolfe .....#5 Magnolia March 23, 2026
Paul Fagan ..... #2 Marshwood March 15, 2026
Thomas Kelly ..... #14 Oakridge March 11, 2026
Brian Harkleroad .....#6 Magnolia March 9, 2026
Charles Moore ..... #5 Deer Creek March 8, 2026
Keith Kreuger ..... #15 Deer Creek March 6, 2026
Jon Hauerwas ..... #5 Deer Creek March 1, 2026
Nancy Early .....#7 Palmetto March 1, 2026
Milda Blaney ..... #17 Magnolia April 3, 2026
Karen Haase ..... #5 Terrapin Point April 5, 2026
Janet Eastwood .....#6 Oakridge April 5, 2026
Ed Suleski .....#4 Palmetto April 7, 2026
Dave Johnson .....#9 Palmetto April 11, 2026
Chris Bigalke ..... #1 Magnolia April 13, 2026
Peter Schram .....#5 Deer Creek April 14, 2026
Mike McGough .....#13 Palmetto April 17, 2026
John Suvak .....#6 Oakridge April 20, 2026
David Foley .....#7 Oakridge April 27, 2026
Dan O'Shaughnessy .....#9 Palmetto May 2, 2026
Bary Gabbitas .....#5 Deer Creek May 3, 2026
Dave Creasy .....#4 Deer Creek May 5, 2026
Dean Philippo .....#3 Deer Creek May 6, 2026
Kathy Berlin ..... #5 Marshwood May 9, 2026
Ken Ritz .....#1 Deer Creek May 13, 2026
Bret Hardy ..... #2 Marshwood May 16, 2026
Mike McGough .....#13 Oakridge May 16, 2026
Dan O'Shaughnessy ..... #12 Magnolia May 16, 2026
Brian O'Donnell ..... #10 Magnolia May 16, 2026
Maryce Cunningham .....#7 Deer Creek May 19, 2026
Kip Grevemburg ..... #15 Terrapin Point May 19, 2026
Dave Johnson ..... #13 Marshwood May 16, 2026
Martin Halper .....#7 Oakridge May 26, 2026
James Reichert .....#5 Deer Creek June 2, 2026
Jeff Gendelman .....#16 Deer Creek June 2, 2026
Brian Harkleroad .....#15 Oakridge June 2, 2026
BJ Frazier ..... #16 Terrapin Point June 3, 2026
Roger Lundin .....#8 Oakridge June 3, 2026
Cliff Spiro .....#5 Deer Creek June 7, 2026
Anne Schanche ..... #5 Marshwood June 9, 2026
Bill Sickels .....#10 Palmetto June 11, 2026
Steve Thomas .....#9 Palmetto June 12, 2026
Steve Gillette ..... #13 Terrapin Point June 12, 2026
Bret Hardy ..... #13 Terrapin Point June 12, 2026
Robert Jones ..... #4 Terrapin Point June 16, 2026
Rock Kahles ..... #9 Terrapin Point June 23, 2026
Susan Wohler .....#9 Oakridge June 24, 2026

Shooting Age or Better

Joe Heinen .....80 Terrapin Point on February 28, 2026
Ron Morris .....83 Marshwood on February 20, 2026
Larry Zaslavsky ..82 Terrapin Point on February 18, 2026
Jack Romanos .....79 Terrapin Point on February 18, 2026
Bob Egan ..... 85 Oakridge on February 18, 2026
Tom O'Connor .....88 Magnolia on February 16, 2026
Jack Romanos .....80 Magnolia on February 16, 2026
Donald Civitanova .....87 Magnolia on February 13, 2026
Ken Johnson .....79 Magnolia on February 11, 2026
Martin Halper .....83 Marshwood on February 7, 2026
Larry Zaslavsky ..... 82 Deer Creek on February 6, 2026
Allen Morrell .....75 Terrapin Point on March 30, 2026
Paul Hubert .....76 Terrapin Point on March 27, 2026
Paul Hubert ..... 76 Oakridge on March 24, 2026
Frank Bell ..... 85 Marshwood on March 23, 2026
Brian Mitchell .....76 Terrapin Point on March 21, 2026
Rick Winger ..... 81 Magnolia on March 21, 2026
Ted Lynch .....88 Magnolia on March 20, 2026
Paul Hubert ..... 79 Marshwood on March 19, 2026
Paul Hubert .....71 Terrapin Point on March 18, 2026
Tom Morrissett .....80 Magnolia on March 18, 2026
Jack Romanos .....80 Magnolia on March 14, 2026
Asahel Parmelee ..... 78 Deer Creek on March 11, 2026
Gerry Stoltz ..... 77 Oakridge on March 11, 2026
Paul Hubert ..... 71 Deer Creek on March 11, 2026
Jack Romanos ..... 79 Deer Creek on March 11, 2026
Gerry Stoltz ..... 76 Deer Creek on March 9, 2026
Jack Romanos ..... 78 Marshwood on March 7, 2026
Michael Masters ..... 84 Marshwood on March 4, 2026
Jeff Gendelman ..... 78 Terrapin Point on March 3, 2026
Tom Morrissett ..... 80 Terrapin Point on March 2, 2026
Alle Morrell ..... 77 Marshwood on April 1, 2026
Sach Sachdev ..... 85 Marshwood on April 1, 2026
James Nicols ..... 83 Terrapin Point on April 1, 2026
Ken Johnson .....80 Deer Creek on April 1, 2026
Ron Morris ..... 83 Magnolia on April 3, 2026
Paul Hubert .....77 Palmetto on April 3, 2026
Jack Romanos ..... 78 Marshwood on April 3, 2026
Ashael Parmelee .....78 Palmetto on April 7, 2026
Tim O'Connor .....87 Deer Creek on April 9, 2026
Jack Romanos ..... 78 Marshwood on April 10, 2026
Paul Hubert .....78 Deer Creek on April 10, 2026
Jac Romanos ..... 77 Marshwood on April 11, 2026
Paul Hubert ..... 79 Marshwood on April 11, 2026
Jim Nichols ..... 82 Magnolia on April 13, 2026
Paul Hubert ..... 78 Marshwood on April 13, 2026
Frank Bell ..... 83 Magnolia on April 13, 2026
Dan Huffer ..... 79 Terrapin Point on April 14, 2026
Tom Schafer ..... 85 Magnolia on April 14, 2026
Milo Moore .....78 Deer Creek on April 15, 2026
Jim Morgan ..... 85 Marshwood on April 16, 2026
Tom Schafer .....86 Oakridge on April 18, 2026
Michael Masters ..... 84 Magnolia on April 21, 2026
Bob Egan ..... 83 Marshwood on April 21, 2026
Stephen Spearman ..... 74 Magnolia on April 22, 2026
Tim O'Connor ..... 77 Terrapin Point on April 23, 2026
Tom Morse ..... 87 Marshwood on April 24, 2026
Barry Kumins .....77 Palmetto on April 25, 2026
Stephen Spearman ..... 72 Marshwood on April 27, 2026
Larry Zaslavsky .....81 Deer Creek on April 29, 2026
Larry White .....78 Oakridge on April 30, 2026
Paul Hubert ..... 74 Terrapin Point on May 4, 2026
Martin Halper .....84 Oakridge on May 7, 2026
Martin Halper .....84 Deer Creek on May 9, 2026
Paul Hubert ..... 78 Marshwood on May 9, 2026
Paul Hubert ..... 79 Marshwood on May 11, 2026
Milo Moore ..... 82 Terrapin Point on May 13, 2026
William Sickels ..... 82 Magnolia on May 14, 2026
Donald Civitonova .....86 Palmetto on May 18, 2026
Al Anderson .....80 Palmetto on May 19, 2026
Michael Masters .....84 Oakridge on May 19, 2026
Larry Zaslavsky ..... 82 Marshwood on May 20, 2026
Jack Romanos ..... 77 Marshwood on May 20, 2026
John Dunn ..... 78 Marshwood on May 20, 2026
Paul Hubert .....79 Oakridge on May 21, 2026
Ted Lynch ..... 88 Marshwood on May 22, 2026
Peter Pasciucco ..... 77 Marshwood on May 22, 2026
Dave Johnson .....77 Deer Creek on May 26, 2026
Jack Romanos .....77 Deer Creek on May 30, 2026
Ron Whitmore .....83 Deer Creek on June 1, 2026
Ken Johnson ..... 80 Marshwood on June 3, 2026
Donald Civitanova .....84 Deer Creek on June 4, 2026
Libba Anderson .....85 Deer Creek on June 4, 2026
Ron Morris ..... 83 Marshwood on June 5, 2026
Larry Brown ..... 78 Terrapin Point on June 5, 2026
Frank Bell .....83 Oakridge on June 5, 2026
Barry Kumins ..... 81 Marshwood on June 6, 2026
Al Anderson .....77 Palmetto on June 8, 2026
Tim Strobel ..... 82 Terrapin Point on June 8, 2026
Ron Whitmore ..... 83 Marshwood on June 10, 2026
Larry White ..... 78 Marshwood on June 12, 2026
Larry Brown ..... 78 Marshwood on June 17, 2026
Tim O'Connor ..... 84 Marshwood on June 24, 2026
Joel Kantor ..... 80 Marshwood on June 26, 2026



KEEPING THE TROPHY ON THE ISLAND

By Rachel Wright

The Landings Golf & Athletic Club had plenty to celebrate as 13 members competed in the 48th GSGA Senior Championship on the Oakridge Course. When the final putt dropped, not only did the championship trophy remain on Skidaway Island, but Landings members claimed three of the top nine positions, led by champion Danny Nelson and runner-up Dr. Doug Hanzel.

Nelson captured the title in dramatic fashion, finishing at 7-under-par over fellow Club member Dr. Doug Hanzel on the fourth playoff hole. For Nelson, the victory represented far more than a hometown win.

"Doug said it best on 18 tee, the first hole of the playoff, 'Well, we kept it on the island,'" Nelson said. "Winning the Senior Amateur is my biggest win to date. Georgia has the best senior golfers in the country, and winning this event, especially at home, is an incredible honor. I am very proud of the achievement."

Hanzel, a four-time champion and one of Georgia's most accomplished senior golfers, was equally proud to see another Landings Golf & Athletic Club member take home the title.

"The GSGA Senior is always one of the events I look forward to most during my competitive season," Hanzel said. "It was really special having it at The Landings. There is a definite home field advantage and not having to travel is really nice. While I did not win my fifth title, it was great to see a fellow Landings member come out on top. The trophy stayed on the island!"

The championship also served as an opportunity to showcase The Landings to some of the state's best players. Competitors traveled from across Georgia and left with a strong impression of the Club and community.

Mike Combs, who finished in a tie for ninth place, enjoyed both the competition and the hospitality.

"The highlights were hosting and competing against the best players in our state," Combs said. "I had three players in my house and they loved our club and island."

Hanzel echoed those sentiments, noting that many players were impressed by what they experienced during championship week.

"Home course definitely gives you a big advantage, but it was nice to show off what we have here. A lot of competitors were

impressed," he said. "These events should be used as a great marketing tool. These guys are golf crazy, and we have a lot to offer."

A common theme among all three players was how The Landings' exceptional facilities and competitive golf culture help them continue to improve their games.

"The competition at The Landings is excellent," Nelson said. "I can always get a good game and be constantly challenged by playing one of our six wonderful courses."

For Hanzel, the variety of courses and practice opportunities make improvement part of his daily routine.

"Every day at The Landings I try to get better, and it is easier given our practice facilities and having six courses that are all different and present different challenges to improve my game," he said.

Combs takes advantage of multiple amenities to stay competitive.

"I use our wellness center and practice facilities to stay golf sharp and as fit as an old guy can try to be," he said. "But playing with all my buddies at The Landings Golf & Athletic Club is very enjoyable."

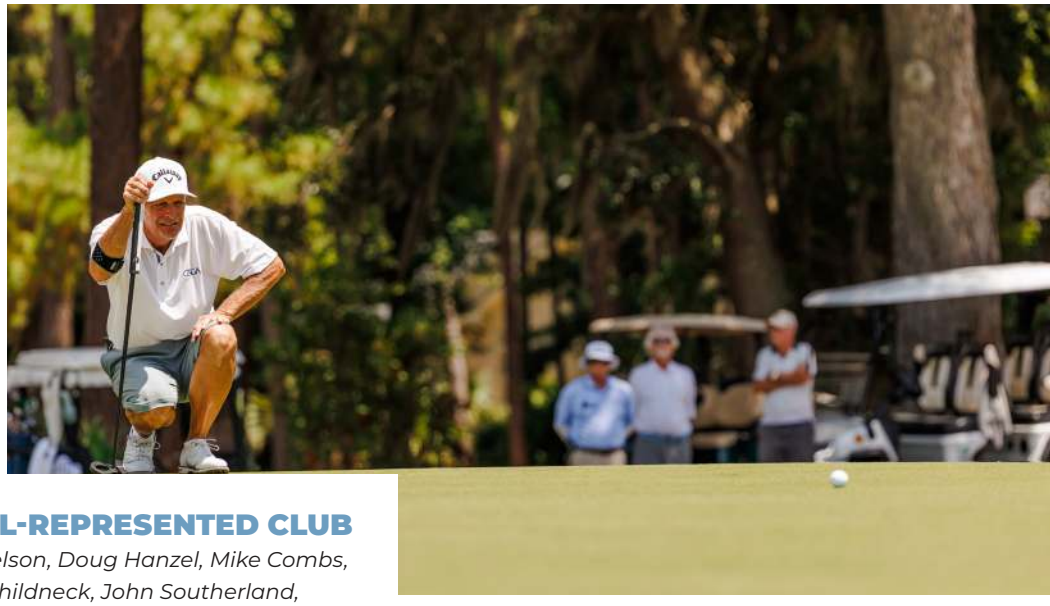
When asked about the best golf advice they've received, both Nelson and Combs pointed to legendary sports psychologist Dr. Bob Rotella.

"Attitude makes a great putter," Combs said.

Nelson shared a lesson from one of Rotella's books that continues to shape his approach to the game.

"Pick the smallest target possible, and picture that target while you're over the ball," Nelson said. "The target isn't the right center of the fairway. It's as specific as the tree behind the right center of the fairway. And not just the tree, focus on the left side of the tree. That kind of focus and concentration definitely takes practice."

For Nelson, Hanzel, Combs, and the nine other Club members in the field, the tournament was about more than scores and standings. It was an opportunity to compete against the state's best, share the Club with fellow golfers from across Georgia, and demonstrate what makes The Landings Golf & Athletic Club such a special place to play. The result was a memorable Senior Championship tournament and a title that remained in Landings hands.



A WELL-REPRESENTED CLUB

Danny Nelson, Doug Hanzel, Mike Combs, Richard Shildneck, John Southerland, Jack Hall, Jeffrey Kane, Chris Means, John Catalano, David Coates, Derek Patao, Troy Baird, and Todd Norman.



Cover photo and photos on this page and the facing page courtesy of the Georgia State Golf Association.

A CENTURY OF STAYING ACTIVE

By Corrinne Choi

Peggy Willis isn't just a Landings Golf & Athletic Club member; on June 18, she became part of an exclusive group that represents 0.03% of the U.S. population when she celebrated her 100th birthday. How did she kick off her Centenarian Era? With nine holes of golf followed by lunch at the Club, continuing to enjoy the place she has called home for 46 years. Peggy's been in the front row for the Club's transformation from a small golfing community into the "island of much more" that it is today. More than a member turning 100, she's a living connection to the history of The Landings.



A Lifetime in Motion

Decades of golf, tennis, walking, and movement have become so woven into Peggy's daily life that, when asked if there's something specific that motivates her, her answer was straightforward: "That's just me, I got to keep moving."

Long before coming to the island, Peggy was introduced to an active lifestyle by her father who was an avid golfer. Protective of her after a neighborhood bicycle-related accident, he outfitted Peggy with clubs and a racket and enrolled her in lessons that laid a strong foundation for decades to come.

With those habits remaining deeply ingrained, Peggy played golf on her 100th birthday, with tennis some weeks after, and welcomes the long walk from her apartment at The Marshes to pick up the mail or head to the dining room, with some bridge playing and computer surfing mixed in. She believes that a big misunderstanding about aging is that it equals slowing down. "I do think people give up," she says. "They figure when they reach 90, holy cow, I have to sit down in my rocking chair and my recliner, put my feet up and read and watch television all day."

For Peggy, aging well doesn't come out of pouring time into crafting a strategic plan. It's rooted in gratitude and staying devoted to your foundation and personal mindset. "Take it a day at a time. Every day I can put my feet on the floor and rise from the bed is a plus."

In 1949, Peggy married Dr. Palmer Kipp. They first began visiting the island in the late 1970s as guests of Dr. Kipp's brother who had already moved to Skidaway Island. After returning often for tournaments and visits with family, becoming increasingly familiar with the community taking shape, they ultimately made the move in 1980 when Dr. Kipp retired from practicing dentistry.

"It was the best thing we ever did."

Witness to an Island's Growth

Back then, the community was small with just Marshwood developed at the time. "Everybody was very, very friendly and everybody knew each other. Most everybody played golf, we socialized, had dinner together." When asked about some of her early memories, she recalled a window at Marshwood overlooking the course manned by a bartender, Eddie, where you could drive right up and order a Coke or something harder. "It was much different than it is today, it was very rustic."

They built one of the southernmost homes on the island at the time, where wild pigs came night after night tearing up the yard. "We didn't have any neighbors. They put the road in two weeks before we moved. Didn't have electricity. They built it off generators and I mean, we lived in the wilderness down there."

Having witnessed nearly every stage of the island and the Club's growth, Peggy is a wealth of knowledge for stories about the days when there were only three nine-hole golf courses, children were a rare sight, and you did your shopping at the general store and eventually Smith's, to what it was like to watch the other campuses come online one by one and then further evolve into the versions they are today.

> ***"Back then, the community was small with just Marshwood developed at the time. Everybody was very, very friendly and everybody knew each other. Most everybody played golf, we socialized, had dinner together."***
> *— Peggy Willis, Member*

"We have a lot of things, though, that clubs don't have, that really sets us aside from others. It's first class…We've had a lot of good pros over the years and some of them, I hated to see leave…We still have Mike McNutt and he's good…Joe and Carol, they've been in Golf Digest several times."

Peggy moved to The Marshes with her husband, Osgood Willis, when it opened in 2005 and rather than viewing age as an excuse to stop engaging in activities and settle into a rocking chair, she stayed true to herself and kept moving, evolving like the clubhouses, courses, and courts.

"I love the club," she says.

While her days are no longer filled to the brim with lessons, rounds of golf or tennis matches, the Club is still a natural extension of family life. Peggy shared, "I have three stepchildren that live here and they include me in a lot of activities that include the great grandchildren." Her daughter Katrina, who lives in Boston, also visits frequently.

Aside from special themed or holiday events, you can catch Peggy dining with friends, switching it up between Palmer's and Cabana Bar, The Deck, and Deer Creek a Coastal Grill. With so many opportunities, she rarely finds a need to venture off island. "You can be very, very comfortable here, never go in town…There isn't any place nearly that can compare to this."

For someone who has spent a lifetime embracing new experiences, The Landings proved to be the perfect place to continue doing exactly that. What began as a retirement decision in 1980 became a 46-year relationship with the Club, its members and staff, and the lifestyle that continues to keep her active today.

AGING IN PLACE: PLANNING BEFORE YOU NEED HELP



For many adults, home is more than just a place to live. It is where memories have been made, routines are familiar, and life feels most comfortable. It is no surprise that most people hope to remain in their own homes as they age. This is known as aging in place, and with thoughtful planning, it is often an achievable goal.

Start Planning Early

The biggest misconception about aging in place is that planning can wait until a health crisis occurs. In reality, the best time to prepare is while you are healthy, active, and able to make decisions on your own terms.

Create a Safe and Supportive Environment

Successful aging in place begins with a few simple considerations. One is if your home is designed to support you in the years ahead. Small updates such as improved lighting, grab bars in bathrooms, secure handrails, and eliminating tripping hazards can significantly reduce the risk of falls. Staying physically active, maintaining strength and balance, and keeping up with preventive healthcare are equally important in preserving independence.

Just as important is having a trusted support system. Family, friends, neighbors, healthcare providers, and community resources all play a role in helping someone continue living safely at home. Even if you do not need assistance today, knowing where to turn if circumstances change can provide tremendous peace of mind.

Planning also means organizing important documents, reviewing medications regularly, discussing healthcare wishes with loved ones, and understanding the local resources available before they are urgently needed.

Many people are surprised to learn that aging in place does not always mean doing everything alone. Sometimes it is as simple as having transportation to medical appointments, occasional help around the house, or guidance navigating a new diagnosis. Accepting support early can often prevent bigger challenges later.

Independence Begins with a Plan

The goal of planning is not to expect the worst. It is to protect the lifestyle you enjoy today. By taking proactive steps now, you increase the likelihood of remaining safe, independent, and engaged in the community you love for years to come.

Growing older is inevitable. Losing your independence does not have to be. Independence starts with the right plan. At Coastal Care Partners, we're here to help you age in place successfully!



What's In My Bag: Packing to Perform

By Rachel Wright

Since paddles and balls are a given, there are plenty of extras that have earned must-have status in our bags. Here's a look at what some of our pickleballers pack to feel prepared, comfortable, and confident, whether they're heading to open play, a clinic, or a round robin.













PLAY

- *Notepad and pen to track scores, record daily workouts and progress, coach's feedback*
- *Grips and scissors*
- *Extra balls*
- *CRBN paddles*
- *CRUSH paddles*
- *Ame & Lulu tote or backpack*
- *K-Swiss pickleball shoes*
- *Cooling towel/Ice Rays Cooling UV Arm Sleeves*
- *Hat, visor, sweatband*
- *Sweat resistant sunblock, bug spray*
- *Lip balm with SPF*
- *Protective eyewear and a hard case – tinted or interchangeable lenses*

RECOVER

- *Water bottle – refillable, double-walled*
- *Electrolyte powder/tablets*
- *Snacks/protein bar*

ETC.

- *Basic first aid items*
- *Back up clothes in case the weather is warmer/colder/rainier than predicted*
- *Makeup wipes, body spray to freshen up and transition from on to off the court*
- *Hair ties*
- *Hand sanitizer*



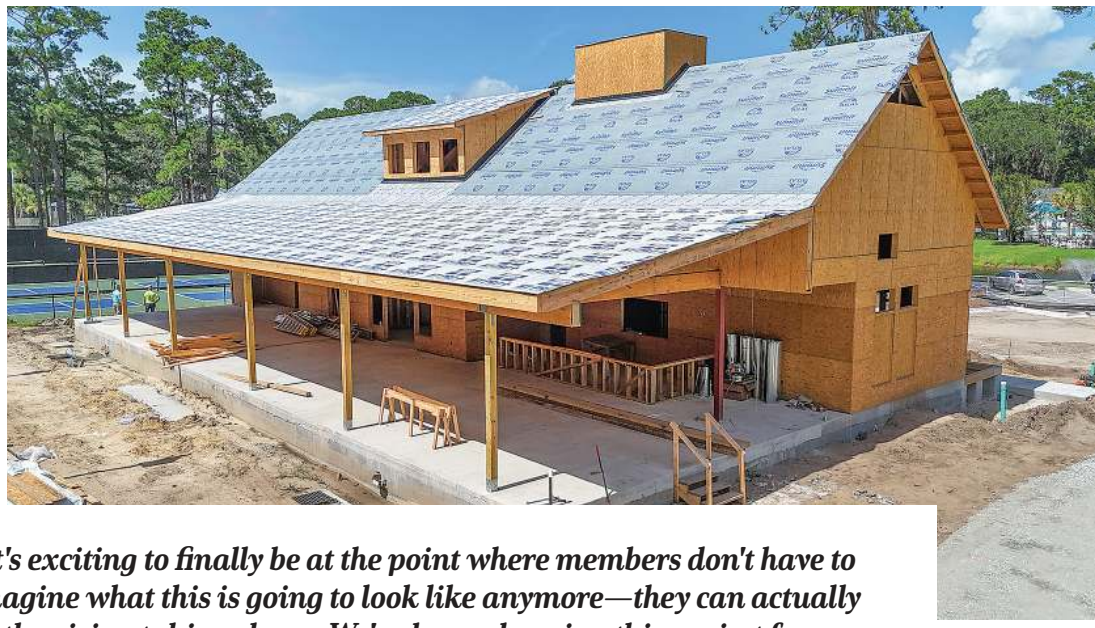
FROM CONSTRUCTION SITE TO COMMUNITY HUB

The End Is in Sight at the Franklin Creek Campus Expansion Project

By Chris Steigelman

Following months of demolition, underground utilities, drainage improvements, and parking construction, the Franklin Creek Expansion has reached the point where the entire campus is really coming to life.

Construction of the remaining 10 pickleball courts is now well underway. Base preparation has begun with asphalt paving, fencing, court surfacing, and final site finishes progressing over the coming months. New pickleball court lighting has also been installed, giving members a better sense of the overall scale of the expansion. By the time this issue reaches members, much of the court fencing will likely be in place, further transforming the appearance of the facility and making it even easier to envision the finished campus.



"It's exciting to finally be at the point where members don't have to imagine what this is going to look like anymore—they can actually see the vision taking shape. We've been planning this project for over two years, and it's rewarding to watch it all come together. I think our members are going to be very proud of what this campus becomes and what it will mean for Franklin Creek for years to come."
— Chris Steigelman, Director of Facilities & Projects

At the Center of It All

The pavilion has quickly become the project's centerpiece. The structural framing is complete, the roof has been installed, and the building is now being dried in as exterior walls and finishes begin to take shape. One thing that members will likely notice is the size of the pavilion now that it has been framed. While it has a strong presence from the outside, nearly half of the footprint is actually covered porch space designed for outdoor dining, spectator seating, and social gathering. The enclosed portion of the building is relatively modest, housing the pro shop, kitchen, restrooms, and support spaces needed to serve the campus. Those generous porch areas were intentionally designed to create a welcoming place where members can gather before, during, and after play—making the pavilion just as much a social destination as a place to support pickleball.

Opening Day in Sight

Behind the scenes, Club staff have also shifted their focus toward opening day. Furniture selections are being finalized, food service and technology systems are being coordinated, and Operations, Court Sports, Food & Beverage, Facilities, and Housekeeping are all working together to ensure the new campus is ready to deliver the exceptional member experience envisioned from the very beginning.

While there is still work to do, we're beginning to turn the corner from heavy site construction to building finishes. Members should gradually see parking, access, and overall circulation improve over the coming months as more of the work shifts inside the pavilion and the remaining site improvements are completed.

The Franklin Creek Expansion remains on track for completion by the end of 2026. As construction continues through the fall, members can expect to see meaningful progress almost every week as the project moves from construction toward opening day.

15 THINGS ONLY TLGAC MEMBERS UNDERSTAND

By Rachel Wright

1 **The Landings Pour** If you know, you know.

2 **Your Dinner Plans Are Determined by Our Club Daily News** Before deciding what's for dinner, you need to see what today's pop-up is.

3 **Going Off-Island Feels Like a Field Trip** You suddenly realize you haven't left Skidaway in a week...and honestly, you hadn't noticed.

4 **The Ridge Has Nothing to Do with a Mountain Range** You can squeeze in a quick 18 without hopping on a golf cart.

5 **Landings Golfers Don't Ask If You're Playing, They Ask Where You're Playing** With six golf courses, the toughest shot of the day is picking where to tee off.

6 **You Have a Favorite Side of the Franklin Creek Waterslide** And you're convinced it's better and faster than the other side.

7 **Pickleball Isn't a Sport** It's a lifestyle, a social network, and sometimes a full-time commitment.

8 **The Moon River Roll at Finjin Is Elite** You say you'll get something new every time but you just can't stray from this crowd favorite.

9 **"Let's Grab Dinner at the Club" Requires a Strategy Session** With so many options, narrowing it down is half the battle.

10 **A Skidaway Sunrise Smoothie Can Get You Through Anything** Sometimes the only thing keeping you going during that last set at the Oakridge Wellness Center is knowing one is waiting for you afterward.

11 **Your Social Calendar Is Basically Club Programming** Tee times, court reservations, dinner reservations, events, repeat.

12 **You Never Know What You'll Find Walking by the Palmetto Clubhouse During an Event** One day it's a winter wonderland with penguins. The next it's a rodeo with baby cows and pigs. Then somehow there's a 20-foot rock wall and fire dancers.

13 **Kids Night Out Is for the Parents, Too** The kids get excited for the activities. The parents get excited for the reservation for two they just made.

14 **Your Golf Cart Has More Miles Than Your Car** It's the most efficient way of transportation.

15 **Everything You Need Is Right Here** Golf, dining, fitness, friends, events, activities. Going off-island starts to feel like a chore.





Sandy McCaslin, a Landings resident and Director of Wellness at The Landings Golf & Athletic Club, is dedicated to helping our members live healthier, stronger, and more active lives at every age while embracing lifelong wellness.

Stay Hydrated for Optimal Health and Performance

By Sandy McCaslin

Water is essential for good health, helping deliver nutrients, remove waste, protect joints and organs, and regulate body temperature. Make it your beverage of choice and prioritize hydration throughout the day, especially before, during, and after exercise. Proper hydration improves concentration, endurance, and performance while helping prevent muscle cramps, heat stress, fatigue, and injury.

Hydration also plays an important role in muscle recovery. Exercise breaks down muscle tissue, which is then rebuilt through muscle protein synthesis, a process that depends on well-hydrated muscles. Even mild dehydration can slow recovery, reduce stamina, and limit progress toward your fitness goals.

Personalized Guidance for Your Goals

To support your health and fitness efforts, schedule a wellness consultation with one of our certified personal trainers. We'll assess your goals, fitness level, and any physical limitations before creating a personalized plan tailored to your needs. Our trainers can also provide instruction on proper exercise techniques, equipment usage, and workout strategies to help you exercise safely and effectively.

Wellness Programs for Every Lifestyle

Whether you prefer group classes, aquatic fitness programs, or independent workouts, our facilities and wellness programs are designed to accommodate all fitness levels and interests. No matter where you are on your fitness journey, our experienced staff is here to support, motivate, and guide you every step of the way toward better health and wellness.

Remember: Everyone benefits from having a coach.

For wellness tips or to schedule a consultation, contact me at Sandy.McCaslin@LandingsClub.com or 912-598-3520.

THE LANDINGS
GOLF & ATHLETIC CLUB
OAKRIDGE WELLNESS CENTER & SPA

INTRODUCING "THE CLASS OF 2026" TLGAC SCHOLARSHIP FUND AWARD RECIPIENTS

By Martha Hough, Scholarship Committee

For more than 20 years, the Landings Golf & Athletic Club Board of Directors has enthusiastically supported an employee benefit that encourages personal and professional growth through learning. The Scholarship Fund Committee is charged first with encouraging member donations to the fund and then awarding those funds as generously as possible to eligible employees.

This year a noteworthy total of $94,337 was awarded to a record-breaking 56 employees or their dependents to support academic and/or professional development educational expenses. This achievement was made possible by generous member contributions augmented by a portion of the proceeds from the February 14 "Employee Appreciation Gala."

To donate go to the Club Resources /Scholarship Donation link on the TLGAC app or scan the QR code.

Jade Allen (PD) *Oakridge General Manager*, Napa Valley Wine Academy, Wine & Spirit Education Trust Level 1 and Level 2

Evan Bass (PD) *Oakridge Wellness Center Personal Trainer,* Titleist Performance Institute, Golf Fitness Certification

Haley Bird (AS) *Wellness Locker Room Attendant* Georgia College & State University, Undecided Major

Tonia Carty (PD) *Oakridge Wellness Center Spa Lead and Aesthetician,* Aesthetic Solutions Inc., Laser Certification and Training

DeAnna Corbin (PD) *Wellness Personal Trainer*, ACSM Health & Fitness Summit Bundle

Luke Davin (PD) *Food & Beverage Asset Management Director,* MIT Life Cycle Assessment: Quantifying Environmental Impacts

Aylin DeJong (AS) *Marshwood Shop Attendant,* SCAD, Architecture/Interior Design

Elizabeth DeRolf (AS) *Food & Beverage Food Runner,* SCAD, Sound Design

Miley Doan (AS) *Franklin Creek Lead Pool Concierge,* Georgia Institute of Technology, Biomedical Engineering

Caroline Durkin (AS) *Wellness Pool Concierge,* Texas Christian University, Criminal Justice

Julia Faddis (PD) *Food & Beverage Sous Chef*, 2026 Worlds of Flavor Conference

Krystal Goodwin (PD) *Oakridge Wellness Center Fitness Instructor*, YogaRenew, 300 Hour Yoga Teacher Training

Jermaine Grant (PD) *Food & Beverage Sous Chef*, Culinary Institute of America, CIA Certification

Anson Greer (AS) *Oakridge Wellness Center Locker Room Attendant*, Georgia Institute of Technology, Civil Engineering

Johan Hamstra (PD) *Executive Pastry Chef,* Callebaut Chocolate Academy, Modern French Viennoiserie

Christien Harris (AS) *Daughter of Selena Harris*, Georgia Southern University, Doctoral in Education with a degree in Curriculum Studies

Jose Henandez (PD) *Oakridge Wellness Center Fitness Manager,* Club Managers Association of America, Club Business Expo

Olivia Hohnerlein (AS) *Franklin Creek, Marshwood, Oakridge Pool Concierge and Locker Room Attendant*, Georgia College & State University, Masters in Accountancy

Stanislava Ilieva (PD) *Oakridge Wellness Center Esthetician*, The Ayurvedic Institute, AyurLife Certification

Hunter Jackson (PD) *Oakridge Wellness Center Wellness Attendant*, National Academy of Sports Medicine, Personal Training Certification

Anderson Jones (AS) *Dependent of Brian Stefan*, Coastal Carolina University, Accounting

DeAndre Joyce (PD) *Oakridge Wellness Center Personal Trainer*, Pre-Script Collective, Level 1 Certification

Harah Kang (AS) *Son of Jin Gyu Kang*, University of Georgia, Mechanical Engineering

Isabella Keating (AS) *Attendant at The Deck,* Georgia College & State University, Nursing

Erica Kennerson (PD) *Director of Human Resources & Organizational Effectiveness*, Emory University, Women in Leadership

Lacey Kirton (PD) *Food & Beverage Bartender,* Napa Valley Wine Academy, Sommelier Certification

Izzy Krautheimer (AS) *The Deck at Franklin Creek Deck Attendant*, University of Miami, Nursing and Spanish

Cian Lewis (AS) *Wellness Lifeguard*, Georgia Southern University, Respiratory Therapy

Kylah Mack (AS) *Palmetto Club Hostess*, Georgia Southern University, Public Health

Elemar Marcano (PD) *Oakridge Wellness Center Housekeeping Coordinator*, Human Resources Certification Ins., Professional Certificate of Human Resources Associate

Janet McCarthy (PD) *Oakridge Wellness Center Personal Trainer and Group Fitness Instructor*, Yogafit, Pickleball: Injury & Recovery and Somatosensory Yoga

Isaac McDowell (AS) *Attendant at The Deck*, SCAD, Interactive Design & Game Development

Mark Milanek Jr. (AS) *Aquatics Lifeguard*, Georgia Southern University, Biology, Minor in Natural Resources & Wildlife Conservation

Kathleen Murphy (PD) *Executive Assistant to Executive Director and Office Manager*, Emory University, Women in Leadership

Kynedi Nalls (PD) *Palmetto Server*, Aceable Agent, Georgia Post Real Estate License

Amelia Ortiz (AS) *Deck Attendant and Daughter of Michael Ortiz*, Georgia Southern University, Elementary Education

Angelina Oetting (AS) *Daughter of Kimberly Oetting*, Georgia Institute of Technology, Biology

Audrey Paslawski (AS) *Franklin Creek Pool Life Guard/Concierge*, University of Mississippi, Business

Devante Porchea (PD) *Food & Beverage Sous Chef*, Phoenix University, Information Systems

Ernesto Recinos (AS) *Son of Octavio Recinos*, Georgia Southern University, Music Industry

Anna Reedy (PD) *Human Resources*, Society for Human Resource Management - SHRM CP

Montraniece Reeves (AS) *Palmetto Banquet Prep Cook*, Western Governors University, Psychology

Meagan Reiley (PD) *Wellness Group Exercise Instructor*, NASM - Senior Fitness Specialization

Lisbeni Rodriguez (PD) *Human Resources*, Academy to Innovate Human Resources, Multiple Certifications

Lucmar Rodriguez (PD) *Operations & Human Resources Housekeeping*, Language Possible, English Language Program

Elana Ruben (AS) *Daughter of Jesse Ruben*, Georgia Institute of Technology, Chemical & Biomolecular Engineering

David Simpson (PD) *HOH Equipment Manager*, National Association of Safety Professionals, Environmental Health and Safety Professional Certificate

Olivia Spinks (AS) *Wellness Youth Counselor,* Wesleyan College, Nursing/BSN

Karlos Smith (PD) *The Deck at Franklin Creek Cook*, Saint Bibiani Restaurant, Cooking Classes

Patricia Starns (PD) *Housekeeping Field Inspector*, A&F Special Services, Tax Foundations & Tax Preparation

Olivia Walters (PD) *Oakridge Server*, Equisage, Equine & Canine Massage Therapy Certification

Montgomery Weber (PD) *Deer Creek Club Chef,* Culinary Institute of America, Worlds of Flavor

Libby Wisener (AS) *Marshwood Golf Shop Attendant*, SCAD, Masters - Art History

Christina Whiteley (AS) *Marshwood Cook*, Savannah Technical College, Dental Hygiene

Anne Vaughn (AS) *Food & Beverage Server Assistant*, SCAD, Fashion

Yanet Zarragoitia (PD) *Oakridge Wellness Center Fitness Instructor & Personal Trainer*, SCW Fitness Education, Mania Course


Jade Allen


Evan Bass


Haley Bird


Tonia Carty


DeAnna Corbin


Luke Davin


Aylin DeJong


Elizabeth DeRolf


Miley Doan

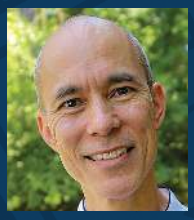

Caroline Durkin


Julia Faddis


Krystal Goodwin


Jermaine Grant


Anson Greer


Johan Hamstra


Christien Harris


Jose Hernandez


Olivia Hohnerlein


Stanislava Ilieva


Hunter Jackson


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Harah Kang


Isabella Keating


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